

ALL FOOD SERVED FROM 12PM - 3:15PM & 4:30PM - 9PM TO UNLESS STATED



## TAPAS

### HOT CHICKEN WINGS GF £7.00 497 Kcal

Classic chicken wings topped with hot sauce & fresh chillies

### MOZZARELLA STICKS V £7.00 531 Kcal

Topped with Mexican sweet chilli & spring onions

### BBQ CHICKEN WINGS GF £7.00 536 Kcal

Classic chicken wings topped with BBQ sauce & spring onions

### NEW! HONEY SPICY WINGS GF £7.00

560 Kcal Classic chicken wings topped with spicy honey & spring onions

### SALT & PEPPER CHICKEN STRIPS £7.00 813 Kcal

Topped with Mexican sweet chilli & spring onions

### PERI PERI CHICKEN STRIPS £7.00 1039 Kcal

Topped with garlic mayo & spring onions

### NEW! VEGAN NO CHICKEN STRIPS V £7.00 633 Kcal

Topped with vegan mayo & spring onions

PERFECT FOR SHARING!



ANY 3  
FOR JUST  
£17

## MBG DIRTY FRIES

ALL DIRTY!



### CHEESY FRIES V GF £7.50 588 Kcal

Skinny fries & nacho cheese sauce

### 'CHEESE FORGIVE ME FRIES'! GF £8.00 810 Kcal

Cheesy fries with bacon bits & spring onions

### 'DIRTY AS CLUCK FRIES' £8.95 1203 Kcal

Southern fried chicken, skinny fries, garlic mayo, sriracha & spring onions

### NEW! VEGGIE MEXI FRIES V £9.00 931 Kcal

Skinny fries, nacho cheese sauce, smokey 3-bean chilli, salsa, spring onions & jalapeños

### MEXI FRIES GF £9.00 956 Kcal

Skinny fries, nacho cheese sauce, chilli con carne, salsa, spring onions & jalapeños

## 'JUICY' BURGERS

All our burgers are served in a brioche bun with little gem, tomato & red onions, served with skinny fries & coleslaw



## GOURMET BEEF BURGERS

DOUBLE UP FOR £3.00



### THE CLASSIC CHEESE BURGER £14.50 1334 Kcal

6oz British beef burger with cheddar cheese

### CHILLI CHEESE BURGER £16.50 1399 Kcal

6oz British beef burger with cheddar cheese and topped with chilli con carne

## CHICKEN BURGERS

### NEW! CHICKEN NEW YORKER BURGER £16.00 1609 Kcal

Grilled chicken fillet with BBQ sauce, bacon & cheese

available as GF upon request

### SOUTHERN FRIED CHICKEN £14.50 1544 Kcal

A crispy coated chicken fillet & a garlic mayo

## SALADS

### CHICKEN CAESAR SALAD £11.00 910 Kcal

Iceberg lettuce, chicken breast, bacon bits, tossed in a creamy Caesar dressing. Topped with Parmesan cheese & crunchy herb croutons

### NEW! VEGAN BLT SALAD £11.00 670 Kcal

Iceberg lettuce, mixed peppers, red onion, cucumber and tomatoes. Topped with vegan bacon, vegan cheese and crunchy herb croutons. Drizzled with a vegan mayo & fresh parsley.

### NEW! CRISPY CHICKEN SALAD £XX.XX 877 Kcal

Fried shredded chicken, iceberg lettuce, mixed peppers, red onion, cucumber & tomatoes. Drizzled with a creamy garlic mayonnaise & fresh parsley.



## GO GREEN

### VEGETARIAN & VEGAN

### SMOKEY THREE BEAN CHILLI V VG £12.00 654 Kcal

Served with basmati wild rice & tortilla chips

### PLANT BASED BURGER VG £12.00 1075 Kcal

Plant based beef patty, bun, skinny fries, side salad & house dressing

Add Vegan Cheese £2.00 81 Kcal

Add Vegan Bacon £2.00 80 Kcal

### MAKE IT A SLOPPY JOE VG

Smokey three bean chilli Add £3.00 87 Kcal

### VEGAN PENANG CURRY

V GF VG £12.00 489 Kcal

Served with wild rice

### 'NO CHICKEN BURGER' VG £12.50 985 Kcal

Plant based chicken patty, bun, skinny fries, side salad & house dressing

## TEX-MEX

### NEW! NACHOS £9.00 1206 Kcal

Tortilla chips with sour cream, salsa, guacamole, jalapenos, Nacho cheese sauce and spring onions

Add Chilli Beef GF £3.50 150 Kcal

Add Smokey 3-bean Chilli V £3.50 206 Kcal

### NEW! TACOS £15.00

Soft tacos with sour cream, mixed cheese, red onions, spring onions filled with Beef Birria 1028 Kcal

OR Chicken Birria 1112 Kcal OR Smokey 3-bean Chilli

V 1308 Kcal and served with fries

### NEW! BURRITOS £15.00

Tortilla wrap with sour cream, guacamole, basmati & wild rice, mixed cheese filled with Chilli Beef

1413 Kcal OR Chicken Birria 1511 Kcal OR Smokey 3-bean

Chilli 1632 Kcal & served with fries



## Sides

### GARLIC BAGUETTE £5.00 636 Kcal

ONION RINGS £5.00 V 334 Kcal

### SKINNY FRIES £5.00 V GF 445 Kcal

SIDE SALAD & HOUSE DRESSING £3.50 GF VG 165 Kcal

## GOOD TO KNOW!

Our house dressing is olive oil & balsamic glaze VG GF

ADULTS REQUIRE AROUND 2000 Kcal PER DAY V Vegetarian Option VG Vegan Option GF Dairy Free GF Gluten Free

If you have food allergies please inform the staff and use our 'Food Allergy Alert' cards. Allergen information is also available upon request. Although every care is taken, some of our fish and chicken products may contain small bones. All food and beverage items are served as described on the menu and subject to availability. Any changes may result in price alterations and prices may vary without prior notice. Images are for illustration purposes only.





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## MBG FAVOURITES

AVAILABLE ALL DAY



### CHICKEN PARMO GF £15.50 1767 Kcal

Breaded chicken breast, 3 cheese mix & Bechamel sauce served with garlic mayo, skinny fries & salad with house dressing

### MEXI PARMO GF £16.00 1833 Kcal

Breaded chicken breast, 3 cheese mix, Bechamel sauce, hot sauce & fresh chillies served with garlic mayo, skinny fries & salad with house dressing



### CHICKEN NEW YORKER GF £15.00 1082 Kcal

Grilled chicken fillet topped with bacon, Tennessee BBQ sauce and mixed cheeses. Served with skinny fries, side salad & house dressing

### NEW! MAC & CHEESE V £15.00 832 Kcal

Served with skinny fries & garlic baguette

### NEW! THE FAMILY FIESTA PLATTER

£25.00 3223 Kcal

Hot chicken wings, BBQ chicken wings, salt & pepper chicken strips, peri peri chicken strips, mozzarella sticks, garlic baguette, onion rings, classic nachos, side salad & house dressing, garlic mayo & Mexican sweet chilli sauce

PLENTY FOR 2 TO SHARE



## Kid's MENU

ALL £8.50

### THE 'I DON'T KNOW'

4oz British beef burger in a seedless bun with lettuce & tomato, served with skinny fries 728 Kcal

### THE 'EEEWWW'!

Chicken fillet burger in a seedless bun with lettuce & tomato, served with skinny fries 643 Kcal

### THE 'I DON'T CARE'

Chicken nuggets served with skinny fries & baked beans 415 Kcal

### THE 'I'M NOT HUNGRY' V

Macaroni cheese served with garlic bread £7.50 550 Kcal

### THE 'I DON'T WANT THAT' V

Quorn nuggets served with skinny fries & baked beans 573 Kcal

### THE 'CAN WE GO?' V

7" Margherita pizza served with skinny fries 727 Kcal

### THE 'WHATEVER'

Spaghetti bolognese served with garlic bread 394 Kcal

## DESSERTS

ALL £7.00



### 'HOT & CRISPY' CHURROS 686 Kcal

Choice of sticky toffee sauce or chocolate sauce 686 Kcal



### NEW! CHOCOLATE BROWNIE V 420 Kcal

Served with triple-chocolate ice-cream, fresh strawberries & chocolate sauce

FOR THE KIDS!

### BEN & JERRY'S ICE CREAM TUBS

VANILLA 167 Kcal ★ CHOCOLATE FUDGE BROWNIE 182 Kcal ★ COOKIE DOUGH 198 Kcal

ALL £4.00

## Evening Menu

MAINS

SERVED 4.30PM TILL 9PM ONLY

### NEW! PESCADO A LA VERACRUZANA GF

£15.00 567 Kcal

Haddock fish in a tangy tomato sauce with olives, capers, and jalapeños served with basmati & wild rice

### NEW! SIRLOIN STEAK £28.00 1348 Kcal

8oz Sirloin steak served with fries, beer battered onion rings, tomato, mushroom, peppercorn sauce

### NEW! CHICKEN FAJITA £16.50 926 Kcal

Sizzling strips of chicken breasts, seasoned with our signature fajita spices & sauteed with peppers & onions. Served with tortillas, guacamole, salsa, sour cream & mixed cheese

### NEW! VEGETARIAN FAJITA V £15.00 717 Kcal

Sauteed peppers, onions, sweetcorn & tomatoes seasoned with our signature fajita spices. Served with tortillas, guacamole, salsa, sour cream & mixed cheese

### NEW! ENCHILADAS £15.00 1011 Kcal

Tortilla wrap filled with beef chilli, topped with mixed cheese & spring onions. Served with fries, salad & house dressing



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